

OCTOBER East Hanover

2026 Middle School Lunch



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Go to <https://easthanover.pomptonianmenus.com/order>
to place an order by credit card.

Penne w/ Pink Sauce & a
Roll (V)

PIZZA DAY!
Pizza Parlor Pizza(V)

Weekly Alternate – Grilled Cheese Sandwich (V)

5	6	7	8	9
Taylor Ham, Egg & Cheese on a Roll)	Popcorn Chicken Bowl w/ Mashed Potatoes & Gravy	Meatball Hero	Pancakes w/ Syrup & Tater Tots	PIZZA DAY! Pizza Parlor Pizza(V)

Weekly Alternate – Cheese Quesadilla (V)

12	13	14	15	16
No School	Taco Bento Box w/ Seasoned Beef, Scoops Chips & Cheddar Cheese	Cheesesteak Hero w/ Potato Rounds	Waffles w/ Syrup & Apple(V)	PIZZA DAY! Pizza Parlor Pizza(V)

Weekly Alternate – Cheese-Stuffed Sticks (V)

19	20	21	22	23
French Toast Sticks (V)	Pasta w/ Meatballs	All-Beef Hot Dog on a Bun w/ Tater Tots	Pizza Calzone w/ Fries (V)	PIZZA DAY! Pizza Parlor Pizza (V)

Weekly Alternate – Pizza Crunchers (V)

26	27	28	29	30
Bacon, Egg & Cheese on a Croissant	TACO TUESDAY Chicken Tacos w/ Rice	Meatball Hero	PIZZA DAY! Pizza Parlor Pizza (V)	Half Day – No Lunch Service

Weekly Alternate – Mozzarella Sticks w/ Marinara Sauce (V)

Available Daily

- All-White Meat Chicken Tenders
- Chicken Caesar Salad
- Chef's Salad
- Bagel Bag w/ Yogurt & Cream Cheese
or Butter (V)
- Muffin Bento Box w/ Yogurt & a Juice
Box
- Parfaits (V)
- Pasta w/ Butter or Marinara Sauce (V)
- Macaroni & Cheese (V)
- Chicken Sandwich
- Choice of Deli Sandwich
- Pizzeria Pizza (Tuesday-Friday only)

A Complete Meal Includes:

Entrée w/ Protein/Grain

A Trip to The Farm Stand

(V) = Vegetarian

Menu Items Subject to Change